							7			
	М	Tu	w	Th	F	Year 7	Year 8	Year 9	Year 10	Year 11
4	- 5	6	7	8	9	Ground rules and developing independence	Risks of Caffeine	Drugs - Exploring attitudes	New Challanges	Lifestyles and Well Being
Sept	12	13	14	15	16					
s	19	20	21	22	23	Peronsal safety (railway, road and water)	Risks of cigarettes and e-cigarettes	Drugs - The law, managing risks	Reframing negative thinking	Influences of lifestyles decisions
	26	27	28	29	30					
Oct	3	4	5	6	7	discrimination and mental health	Risks of alcohol	Drugs and their effects: Alcohol and cannabis	Recognising mental ill health	Importance of sleep
	10	- II	12	13	14					
	17	18	19	20	21	Introduction to first aid (asthma and bleeding)	Substance Abuse	Managing influence	Healthy coping stategies	Exam Stress
Nov	31	1	2	3	4					
	7	8	9	10	- 11	Anti-bullying - Social Media and the Law	Anti bullying	Anti bullying	Resilence to gambling	Showcasing personal strength
	14	15	16	17	18					
	21	22	23	24	25	Equality Act	Being the same and being different (Mindmate)	Self-Esteern	Understanding Fraud	Personal Statments
	28	29	30	1	2	Equality Act	being the same and being unterent (windmate)	Scirestecii	Onderstanding Flaud	reisonal statilients
Pa Dec	5	6	7	8	9	Protected Characterisitcs	Feeling good and being me (Mindmate) Resillience	Aspirations	Identity fraud and data protection	Managing online reputation
	12	13	- 14	15	16	Protected Characteristics	reening good and being me (windmate) Resilience	Aspirations	identity frado and data protection	Managing online reputation
	12	13	14	12	10					
		2	4	-						
	2	_		5		Challenging Stereotypes	Raising awareness of learning disabilities and autism	Forming postive relationships	Disrespect Nobody - Relationship Abuse	Working out Relationships
	9	10	11	12	13					
	16	17	18	19	20	Rights and Resposibilities	Appearance ideals	Attitudes to mental health	Disrespect Nobody - Consent	Helathy and Unhealthy relationships
	23	24	25	26	27					
	30	31	- 1	2	3	Diversity	Media messages	Promoting emotional wellbeing	Disrespect Nobody - Sharing sexual images	Online extortion
1										
1	- 6	7	8	9	10					
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2	20	21	22	23	24	4 Ground Rules	Confront comparisons	Unhealthy and healthy coping strategies	The role of intimacy and pleasure	HIV and STI's
g.	20 27	21	22	23	3	4 Ground Rules	Confront comparisons	Unhealthy and healthy coping strategies	The role of intimacy and pleasure	HIV and STI's
_	20 27 6	21 28 7	22 1 9	23 2 9	24 3 10	Ground Rules Puberty and body Changes	Confront comparisons Banish Body Talk	Unhealthy and healthy coping strategies Digital resillience	The role of intimacy and pleasure The impact of pornography	HIV and STI's Behaviour and consequences
_	20 27 6 13	21 28 7 14	22 1 9	23 2 9	3 10 17	Puberty and body Changes	Banish Body Talk	Digital resillience	The impact of pornogrpahy	Behaviour and consequences
March	20 27 6 13 20	21 28 7 14 21	22 1 8 15 22	23 2 9 16 23	3 10 17 24					
_	20 27 6 13	21 28 7 14	22 1 9	23 2 9	3 10 17	Puberty and body Changes	Banish Body Talk	Digital resillience	The impact of pornogrpahy	Behaviour and consequences
_	20 27 6 13 20	21 28 7 14 21	22 1 8 15 22	23 2 9 16 23	3 10 17 24	Puberty and body Changes	Banish Body Talk	Digital resillience	The impact of pornogrpahy	Behaviour and consequences
March	20 27 6 13 20 27	21 28 7 14 21 28	22 8 15 22 29	23 2 9 16 23 30	24 3 10 17 24 31	Puberty and body Changes	Banish Body Talk	Digital resillience	The impact of pornogrpahy	Behaviour and consequences
_	20 27 6 13 20 27	21 28 7 14 21 28	22 1 8 15 22 29	23 2 9 16 23 30	24 3 10 17 24 31	Puberty and body Changes	Banish Body Talk	Digital resillience	The impact of pornogrpahy	Behaviour and consequences
March	20 27 6 13 20 27	21 28 7 14 21 28	22 1 9 15 22 29	23 9 16 23 30 20 27	24 3 10 17 24 31	Puberty and body Changes Puberty and menstrual well being	Banish Body Talk Be the change	Digital resillience Changes, loss and grief	The impact of pornogrpahy Pressure, persuasion and coercion	Behaviour and consequences Pregnancy Choices
March	20 27 6 13 20 27	21 28 7 14 21 28	22 1 8 15 22 29 19 26 3	23 9 16 23 30 20 27 4	24 3 10 17 24 31 21 28 5	Puberty and body Changes Puberty and menstrual well being	Banish Body Talk Be the change	Digital resillience Changes, loss and grief	The impact of pornogrpahy Pressure, persuasion and coercion	Behaviour and consequences Pregnancy Choices
March	20 27 6 13 20 27 17 24	21 28 7 14 21 28	22 1 9 15 22 29	23 9 16 23 30 20 27 4	24 3 10 17 24 31	Puberty and body Changes Puberty and menstrual well being Relationships	Banish Body Talk Be the change Online world and choosing a partner	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality	The impact of pornogrpahy Pressure, persuasion and coercion ST's	Behaviour and consequences Pregnancy Choices Family Life and parenting
March	20 27 6 13 20 27 17 24	21 28 7 14 21 28 18 25 2	22 1 8 15 22 29 19 26 3	23 9 16 23 30 20 27 4	24 3 10 17 24 31 21 28 5	Puberty and body Changes Puberty and menstrual well being Relationships	Banish Body Talk Be the change Online world and choosing a partner	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality	The impact of pornogrpahy Pressure, persuasion and coercion ST's	Behaviour and consequences Pregnancy Choices Family Life and parenting
Apr Parch	20 27 6 13 20 27 17 24 1 8	21 28 7 14 21 28 18 25 2	22 1 8 15 22 29 19 26 3	23 9 16 23 30 20 27 4	24 3 10 17 24 31 21 28 5	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM	Banish Body Talk Be the change Online world and choosing a partner One to one relationships	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception	The impact of pornogrpahy Pressure, persuasion and coercion STT's Birth control and abortion	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Apr Parch	20 27 6 13 20 27 17 24 1 8 15	21 28 7 14 21 28 18 25 2 9	22 1 8 15 22 29 19 26 3 10	23 9 16 23 30 20 27 4 11 18	24 310 17 24 31 21 28 5 12	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM	Banish Body Talk Be the change Online world and choosing a partner One to one relationships	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception	The impact of pornogrpahy Pressure, persuasion and coercion STT's Birth control and abortion	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Apr	20 27 6 13 20 27 17 24 1 8 15	21 28 7 14 21 28 18 25 2 9	22 1 8 15 22 29 19 26 3 10	23 9 16 23 30 20 27 4 11 18	24 310 17 24 31 21 28 5 12	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM	Banish Body Talk Be the change Online world and choosing a partner One to one relationships	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception	The impact of pornogrpahy Pressure, persuasion and coercion STT's Birth control and abortion	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
May Apr March	20 27 6 13 20 27 17 24 1 1 8 15 22	21 28 7 14 21 28 25 25 2 9 16 23	22 1 8 15 22 29 19 26 3 10 17 24	23 9 16 23 30 20 27 4 11 18 25	24 3 10 17 24 31 21 28 5 12 19 26	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM	The impact of pornogrpahy Pressure, persuasion and coercion STI's Birth control and abortion Domestic violence	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Apr	20 27 6 13 20 27 17 24 1 8 15 22	21 28 7 14 21 29 18 25 2 9 16 23	22 1 8 15 22 29 19 26 3 10 17 24	23 2 9 16 23 30 20 27 4 11 18 25	24 3 10 17 24 31 21 28 5 12 19 26	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent Offensive Weapons	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM Upskirting	The impact of pornogrpahy Pressure, persuasion and coercion STI's Birth control and abortion Domestic violence Hate Crime	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Phy Apr Phech	20 27 6 13 20 27 17 24 1 9 15 22 5	21 28 7 14 21 29 18 25 2 9 16 23	22 1 9 15 22 29 19 26 3 10 17 24	23 2 9 16 23 30 20 27 4 11 18 25	24 3 10 17 24 31 21 28 5 12 19 26	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM	The impact of pornogrpahy Pressure, persuasion and coercion STI's Birth control and abortion Domestic violence	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Phy Apr Phech	20 27 6 13 20 27 17 24 1 9 9 15 22	21 28 7 14 21 28 25 25 2 9 16 23	22 1 8 15 22 29 19 26 3 10 17 24 7	23 2 9 16 23 30 20 27 4 11 18 25	24 3 10 17 24 31 21 28 5 12 19 26 9 16 23	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination Importance of sleep Dental Health	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent Offensive Weapons Knife Crime	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM Upskirting CSE	The impact of pornogrpahy Pressure, persuasion and coercion STI's Birth control and abortion Domestic violence Hate Crime Extremism	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Jun May Aper March	20 27 6 13 20 27 17 24 1 8 15 22 5 12 19 26	28 7 14 21 28 18 25 2 9 16 23 6 13 20 27 4	22 9 15 22 29 19 26 3 10 17 24 7 14 21 29	23 2 9 16 23 30 20 27 4 11 18 25 9 15 22 29 6	24 31 10 17 24 31 21 228 5 12 19 26 9 16 23 30	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent Offensive Weapons	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM Upskirting	The impact of pornogrpahy Pressure, persuasion and coercion STI's Birth control and abortion Domestic violence Hate Crime	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
May Apr March	20 27 6 13 20 27 17 24 1 1 8 15 22 15 12 19 26 3	21 28 7 14 21 28 25 2 2 9 16 23 6 13 20 27 4	22 1 9 15 22 29 19 26 2 10 17 24 7 14 21 28 5 12	23 2 9 16 23 30 20 27 4 11 18 25 8 15 22 29 6 13	21 21 21 22 21 28 5 12 19 26 9 16 23 30 7	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination Importance of sleep Dental Health Risks of smoking	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent Offensive Weapons Knife Crime Corrosive substances and firearms	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM Upskirting CSE Revenge Porm	The impact of pornogrpahy Pressure, persuasion and coercion STFs Birth control and abortion Domestic violence Hate Crime Extremism British Values	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies
Jun May Aper March	20 27 6 13 20 27 17 24 1 8 15 22 5 12 19 26 3	28 7 14 21 28 18 25 2 9 16 23 6 13 20 27 4	22 9 15 22 29 19 26 3 10 17 24 7 14 21 29	22 2 9 16 23 20 27 4 11 18 25 25 22 29 6 11 22 22 29	24 31 10 17 24 31 21 28 5 12 19 26 9 16 23 30 7	Puberty and body Changes Puberty and menstrual well being Relationships Keeping Safe FGM Discrimination Importance of sleep Dental Health	Banish Body Talk Be the change Online world and choosing a partner One to one relationships Consent Offensive Weapons Knife Crime	Digital resillience Changes, loss and grief Intimate relationships, diversity and equality Contraception FGM Upskirting CSE	The impact of pornogrpahy Pressure, persuasion and coercion STI's Birth control and abortion Domestic violence Hate Crime Extremism	Behaviour and consequences Pregnancy Choices Family Life and parenting Mental health Stategies