

GCSE PHYSICAL EDUCATION

Type of subject:

Practical and theoretical (exam and coursework)

This subject goes well with:

Science, food technology

If you pass either of these courses you could achieve:

GCSE Grade 1 - 9



Examples of topics studied:

Anatomy, Physiology, Practical Sport, Sponsorship, Physical and Mental Demands of Performance, Principles of Training, Training Methods, Sports Psychology.

How are the courses assessed?

Practical (30%): You will be assessed in three sports: one individual, one team sport and a third sport from either category. You are marked out of 20 based on your performance of skills and how well you apply them in to a game.

Coursework (10%): Your coursework is marked out of 20 and is based around analysing and improving one area of performance from a sport of your choice.

Theory (60%): You will sit two papers at the end of Year 11 which are 1 hour long each. The first exam focuses on anatomy and physiology and fitness; the second focuses on health, participation and sports psychology.

Additional information:

The GCSE PE course is suitable for any student who has a genuine interest in physical activity and science. For this course, it is vital that you are committed to participating in at least three sports (required for the assessment). Though it is not a requirement, playing sport out of school is an advantage.

This subject is a good choice if you want to become a sports coach, professional performer, physiotherapist, sport and recreation assistant, lifeguard, personal trainer.

Who should I talk to if I want to ask about this subject?



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