Headteacher: Mrs J Bell

LAWNSWOOD SCHOOL

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Embed confidence; fuel ambition.

13 November 2026

Dear Parent/Carer

Mindmate Support Team
Over the past 6 months we have started to work with the MindMate Support Team to strengthen our approach to supporting student mental health. The MindMate Support Team are part of the NHS and have been expanding their work in schools across Leeds.

In September, the team delivered staff training focused on understanding anxiety and the support available through their service. They have also delivered assemblies to all year groups, introducing themselves and opening up the topic of anxiety vs worry. This week, Year 9 students participated in a one-hour workshop focused on recognising and managing anxiety, providing practical techniques for when they are anxious.

We would also like to highlight a free online workshop for parents, on Thursday 26 November at 4.30pm to 5pm, which offers valuable guidance on supporting young people experiencing anxiety. We would encourage all interested parents and carers to take advantage of this opportunity. Details on how to access it are attached to this letter. Further details on the work of the MindMate Support Team can be found here.

Breakfast Club
As the mornings grow darker and colder, we would like to remind all families that our free Breakfast Club runs every morning from 7.40am in the Key Stage 3 diner. Each morning we serve a range of cereals, bagels and toast, plus drinks. Breakfast Club also provides access to an indoor, warm space until pupils move to morning line up at 8.20am. There is no need to register, or to attend every day, and Breakfast Club is open to all pupils.

Children in Need
Today saw a range of activities, co-ordinated by a group of Year 11 student leaders, to raise money for BBC Children in Need. Thank you to all who contributed donations. If you would still like to donate, you can do so via ParentPay by following this link to the ParentPay shop – ParentPay have waived their transaction fee, so 100% of your donation will go to Children in Need.

Key dates for next week –
Tuesday
IntoFilm Festival IMAX Screening
SEND careers event, Leeds City Museum
Year 10 football v PHGS and Guiseley at PHGS
Wednesday
Year 8 Parent / Carer Evening
FOYF Fair

Thursday
Family Maths twilight session
'Flu vaccinations

Yours faithfully



Mrs J Bell
Headteacher