

Year 7 Pol-Ed Lessons

Curriculum Road Map

Year 7 establishes the foundations for a safe, respectful learning environment. Through strand one, pupils develop an understanding of healthy relationships, emotional expression and how to report concerns. Within strand two, pupils are introduced to essential legal literacy, including different types of discrimination. In strand three, pupils develop early health awareness around risk, addiction and puberty. This supports pupils to build confidence, recognise unsafe situations and make informed decisions as they enter secondary school.

1

Why is trust important?

Is this banter or bullying?

How do I deal with conflict?

What range of emotions are there?

How can we deal with friendships breaking down?

What is child on child abuse?

What are my strengths?

What are my areas to develop?



2

How do we balance independence and risk?

How can we be responsible road users?

How do I report a concern?

What are protected characteristics?

How can it feel to witness a crime?

What is the age of criminal responsibility?

What is anti-racism?

What is hate crime?

What is LGBTphobia?

What is honour-based abuse?



3

What is an addiction?

What is vaping all about?

How can I cope with puberty?

How can vaccinations support our health?

What influences my health choices?

