

Year 7	Year 8	Year 9	Year 10	Year 11
What range of emotions are there?	How can viewing harmful content make us feel?	What is expected of me?	What are my well-being warning signs?	What is culpability and harm?
What are my strengths?	How does social media make us feel?	What are my coping strategies? How do I deal with setbacks?	How can I take responsibility for my health?	What are mitigating factors?
What are my areas to develop?	How can drugs and alcohol impact the way we feel?	What is self-harm?	How can I manage my time effectively?	What does the law say about pregnancy and STIs? What does the law say about contraception?
What influences my health choices?	What are mental health conditions?	What is mental health stigma?	How can I demonstrate assertiveness?	What does the law say about getting a job?
How can vaccinations support my health?	How might relationship changes impact our wellbeing?	How can relationships impact the way I feel?	How can I navigate health care services?	How can I cope with exams? What does it mean to catastrophise?
How can I cope with puberty?	What does the law say about possession of drugs?	How can I support the health of others?	When might weight gain be unhealthy?	What are life changes? How do you feel about leaving school?
What is the age of criminal responsibility?	What is stop and search	What do we mean by intimidation?	What is extremism What is radicalisation?	How might sexual health impact wellbeing?
What are protected characteristics?	What are E-Rides?	What is anti-social behaviour? What is victim support?	Is it OK to protest? What are public order offences?	Why does gynaecological health matter to everyone?
What is hate crime?	What is phishing and hacking?	What are county lines?	How can we approach new situations?	What can go wrong when using substances?
What is anti-racism?	What are threatening behaviours?	Can I legally get contraception?	Why is fighting not the answer?	What is the issue with lending money?
What is LGBT-phobia?	What is money laundering?	How might the internet influence illegal behaviour?	What are the risks of carrying a knife?	How can I avoid financial exploitation?
What is honour based abuse?	How safe are legal drugs?	What is child criminal exploitation?	What first aid is useful to know?	When is gambling problematic?
How do we balance independence and risk?	What is financially motivated sexual extortion?	What makes a gang a gang?	How is my data used?	Can you ever be sure what you are taking?
How can we be responsible road users?	What are deep fakes?	What are the links between gaming and grooming? What are microtransactions (gaming)?	How can I get help when there are legal consequences?	What are sexual offences?
What is an addiction?	What are my algorithms?	What is consent in a relationship?	What are my relationship values?	What is victim blaming?
What is vaping all about?	Are we responsible with social media?	What is sexism?	What is emotional abuse?	What is the difference between an arranged and a forced marriage?
How do I report a concern?	How do I deal with unplanned encounters?	What is child sexual exploitation?	What is incel culture?	What is the influence of porn on relationships?
Is this banter or bullying?	How can I deal with my friends using drugs and alcohol?	What's the issue with nudes?	What is image based sexual abuse?	Substance abuse and relationships, so what?
What is child on child abuse?	What are red flags in relationships?	How do the media portray sex and relationships?	How can I manage online relationships?	What is a family?
Why is trust important		How can I manage online relationships?	How can I seek support about my behaviour in relationships?	What is my relationship with AI?