WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR	NOODLE BAR	Paninis Pasta and Sauces Preshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad
	SATAY CHICKEN PHO (9)	SPICED VEGETARIAN PHO • •	
	BURGER BAR	BURGER BAR	
TUE	BEEF BURGER (1) Served with Baked Garlic and Herb Wedges and Corn on the Cob	BEETROOT AND FETA BURGER •• Served with Baked Garlic and Herb Wedges and Corn on the Cob	
	FAVOURITES	FAVOURITES	Pesto Pasta Salad 🖦 💿 🥺
WED	SOUTHERN FRIED CHICKEN WRAP (1) With Chips & Beans or Peas	VEGGIE BURGER ◎ With Chips & Beans or Peas	Roasted Indian Chickpea Salad SANDWICHES/BAGUETTES: Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette CLT Baguette WRAPS:
THURS	STREET	STREET	
	CHICKEN KATSU (1) 🤟 😻 Served with Wholegrain Rice and Nut Free Satay Sweetcorn	MACARONI CHEESE •	
FRI	HOT DELI	HOT DELI	Pepper and Houmous Wrap Chicken Tikka Wrap BBQ Chicken Wrap
	SDIGY VIETNAMESE CHICKEN	STICKY BBQ QUORN PITTA ©	

Vegetarian Vegan Oily Fish Wholegrain W Nutritionist's Choice
Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE	SPICE IS NICE	Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad © Roasted Indian Chickpea Salad © SANDWICHES/BAGUETTES: Egg Salad Sandwich © Chicken Salad Sandwich © Cheese and Pickle Baguette © Tuna Mayo Baguette CLT Baguette ©
	CHICKEN TIKKA RICE BOX (1)	SPINACH AND CHICKPEA DAHL Served with Yellow Rice	
	TEX MEX	TEX MEX	
TUE	MEXICAN BEEF ENCHILADA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA ♥ ♥ Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
	FAVOURITES	FAVOURITES	
WED	SOUTHERN FRIED CHICKEN WRAP (1) With chips, beans or peas	CHEESE & ONION SLICE W With chips, beans or peas	
	PAN-ASIAN	PAN-ASIAN	
THURS	CHICKEN KOTTU ROTI BOX **	SOYA YAKISOBA 🛭 🧡	
			WRAPS:
FRI	HOT DELI	HOT DELI	Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Tikka Wrap
	BEEF BARBACOA ENCHILADA	PERSIAN VEGETABLE PITTA	













WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL	FEASTIVAL	Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Pesto Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad SANDWICHES/BAGUETTES Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette CLT Baguette WRAPS:
	JERK CHICKEN BURGER (1) Served with Baked Spiced Wedges and Mixed Salad	TIGER BHAJI BURGER ♥ ♥ Served with Baked Spiced Wedges and Mixed Salad	
	PAN-ASIAN	PAN-ASIAN	
TUE	MANDARIN CHICKEN * (1) Served with Pineapple Rice and Nut Free Satay Sweetcorn	SWEET AND SOUR VEGETABLES © *** Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	FAVOURITES	FAVOURITES	
	SOUTHERN FRIED CHICKEN WRAP © With chips, beans or peas	VEGETABLE GOUJONS © With chips, beans or peas	
THURS	STREET	STREET	
	FIRECRACKER BEEF (1)	TERIYAKI VEGETARIAN WRAP © *** Served with Wholegrain Rice	
FRI	HOT DELI	HOT DELI	Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Tikka Wrap
	PERSIAN CHICKEN KEBAB (1) With herby diced potatoes & mixed salad	STICKY BBQ PITTA © With herby diced potatoes & mixed salad	

Vegetarian Vegan Dily Fish Wholegrain Wholegrain Wholegrain

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