

## SECONDARY PSHE EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

	Autumn 1 Health & wellbeing	Autumn 2 Relationships	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Living in the wider world	Summer 2 Health & wellbeing
Year 7	<b>Dealing with change, transition and friendships</b> Forming positive friendships.	<b>Understanding the law</b> Protected characteristics, hate crime and the age of criminal responsibility.	<b>Body changes, relationships and the law</b> Understanding puberty, legal aspects of relationships and commitment	<b>Risk taking behaviour and strategies for life support.</b> What is the age of criminal responsibility, the law and understanding the impact of intimidation.	<b>Inclusion and Awareness</b> Keeping safe	<b>Healthy Routines</b> Effects of vaping and oral hygiene
Year 8	<b>Values and Behaviours</b> Core values and positive behaviours including the role of the bystander.	<b>Relationships</b> 1-1 relationships, relationships online and consent.	<b>The Law</b> What is sexism, bullying or banter. Social media responsibilities	<b>Challenges</b> Protected characteristics, intimidation and anti-social behaviour.	<b>Relationships</b> Solving problems	<b>Change/Challenging of growing up</b> Independence vs. Risk, CCE, addiction, drugs and the law.
Year 9	<b>Achieving Success</b> Behaving to achieve Building resilience	<b>Intimate relationships</b> Diversity and equality, consent and contraception.	<b>British Values</b> Inappropriate images, CSE and child on child abuse.	<b>Health and well being</b> Life changes	<b>Health and well being</b> Mental health strategies and contexts.	<b>Social Acceptability</b> Life Changes, assessing risk and managing influence.
Year 10	<b>Community Cohesion</b> Understanding conflict management and community cohesion.	<b>Developing Relationships</b> Relationships and the role of intimacy	<b>Keeping Safe</b> Incel and toxic culture	<b>Keeping Safe</b> Extremism and radicalisation	<b>Keeping Safe - Drugs</b> Decision making Consequences and support	<b>Addressing Extremism and Radicalisation</b> Staying street savvy. Life choices
Year 11	<b>Why PSHE/Setting the tone</b> Positivity	<b>Positive Mental Health</b> Sexual offences Risky behaviour and consequences	<b>Relationship Types</b> HIV/STI's Risky behaviour and consequences Pregnancy choices	<b>Families</b> Parenting Emotional Abuse How to escape pressured	<b>Coping Strategies</b> Mitigating factors Body Modifications	























